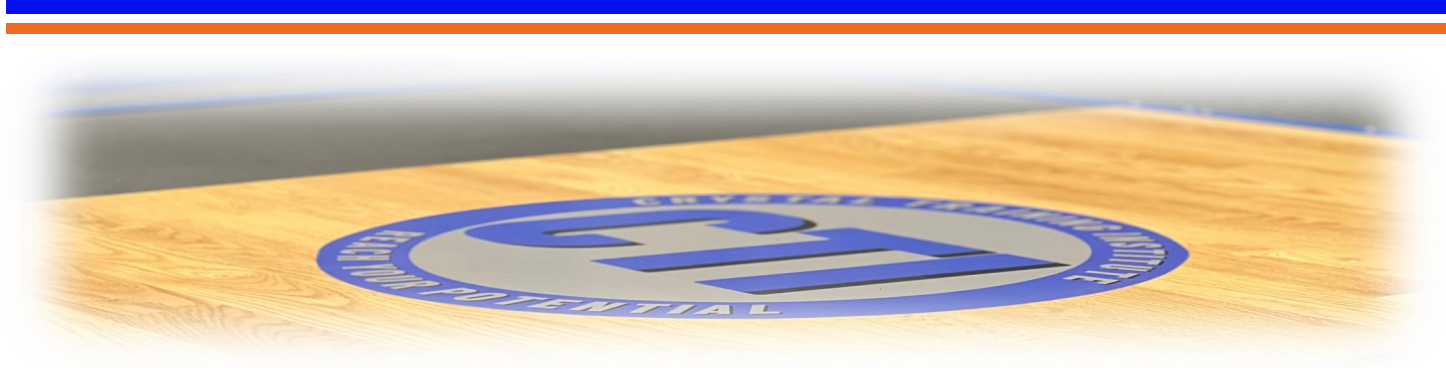




2024 Summer Sports Performance Training



CTI will be hosting our third annual Summer Sports Performance camps! These summer-long camps will focus on general athletic performance training. Sessions will focus on flexibility, stability, strength, speed, agility, power, and explosion that will translate to all sports! We will do pre and post testing to track progress throughout the summer! Camps will be lead by Director of Athletic Performance, Alex Tarras.

Early Registration open until April 30th! Sign up in this window for reduced rates!

Mondays, Wednesdays, Thursdays (No Camp Wednesday July 3rd or Thursday July 4th)	
June 3rd-Aug 29th (37 Total Sessions)	
7th Grade-12th Grade.....10am-11am	6th Grade and Below.....11am-Noon
<u>LIMIT 20 PARTICIPANTS PER SESSION</u>	
<p><u>Full Camp Member Pricing</u></p> <p>Member Early Registration...\$740 <i>Member Registration...\$925</i></p> <p>Member Early Registration-2 kids...\$ 1280 <i>Member Registration-2 kids...\$1650</i></p> <p>Member Early Registration-3 kids...\$1920 <i>Member Registration-3 kids...\$2475</i></p>	<p><u>Full Camp Non Member Pricing</u></p> <p>Non-Member Early Registration...\$925 <i>Non-Member Registration...\$1110</i></p> <p>Non-Member Early Registration-2 kids...\$1650 <i>Non-Member Registration-2 kids...\$2020</i></p> <p>Non-Member Early Registration-3 kids...\$2475 <i>Non-Member Registration-3 kids...\$3030</i></p>

Single Session Drop-In Fee: \$35

To Sign up for Camp Please visit our website

www.crystaltraininginstitute.com

Contact: Alex Tarras | alex@crystaltraininginstitute.com | 715.298.2101